

Style • Beauty • Health • Home

redbook

20 BEST-EVER HAIRCUTS

Perfect, easy styles
(like Julianne's cute pixie)

Julianne Hough

The major drama behind her dancing

Your healthy summer cookbook



6 tummy slimmers that work overnight

BRIGHT HOME FINDS

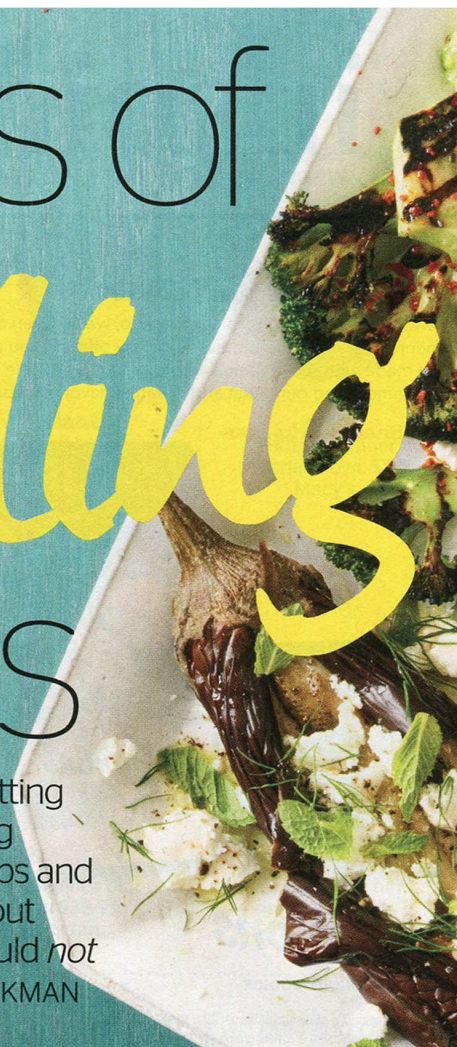
...under \$100!



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31 days of great grilling ideas

Your ticket to fast and easy eating is sitting out there in your yard. We're talking about your grill, and with these expert tips and tricks, you'll use it all month to turn out delicious meals. Because hot nights should *not* involve a hot stove. BY CHARLOTTE DRUCKMAN
PHOTOGRAPHED BY JONNY VALIANT



19 *Baby your burger*
The best-tasting, most satisfying burger has 20 to 25 percent fat, according to chef-restauranteur Michael Chiarello, who recommends ground chuck. Don't flip your patty until its juices begin to bubble up, and *never* press down on it with a spatula as it's cooking, he cautions: "The sound of the juices hitting the coals is the sound of your burger screaming."

20 *Add a cheesy surprise*
To give his burgers some bite, Chiarello stuffs them with blue cheese. Using a scoop, form two 3-ounce patties, push them down, and make an indentation in the center of one. Place a chunk of blue cheese and a grind of black pepper in the depressed area. Cover with the other patty and seal the halves with your fingers; refrigerate until dinnertime.